



THE UNIVERSITY OF  
**NOTRE DAME**  
A U S T R A L I A

# **PROGRAM REGULATIONS SCHOOL OF HEALTH SCIENCES**

**BACHELOR OF EXERCISE AND SPORTS  
SCIENCE (HONOURS)**  
BExSc(Hons)

**PROGRAM CODE: 3498**

THESE PROGRAM REGULATIONS ARE EFFECTIVE FROM 1.1.2018

## SCHOOL OF HEALTH SCIENCES

1. These Program Regulations apply to all students who are enrolled in the Bachelor of Exercise and Sports Science (Honours) Awards on the Fremantle Campus.
2. The Dean is the responsible Executive of these Program Regulations.
3. The contact officer for this document is the Senior Administration Officer, School of Health Sciences, Fremantle Campus.

## MODIFICATION HISTORY

1. These Program Regulations are effective from 1 January 2018.

Version	Date Amended	Modification Details	Name
1	March 2014	Newly created	Gerard Hoyne
2	August 2015	Amendments to program regulations	Dean
3	September 2017	New course codes assigned	PVCA
4	October 2017	New Units of Credit assigned	SAO

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# 1 INTRODUCTION AND INTERPRETATION

## 1.1 Introduction

These Program Regulations apply to all students enrolled in the Bachelor of Exercise and Sports Science (Honours) Award at The University of Notre Dame Australia.

These Regulations should be read in conjunction with the University's General Regulations and the School of Health Sciences Regulations.

## 1.2 Interpretation

The terms included in these Regulations have the meanings as defined in the University's General Regulations and the School of Health Sciences Regulations.

## 1.3 Amendments made to Program Regulations

Unless otherwise specified, when amendments are made to the structure, content or academic requirements of these Awards, the amendments will automatically apply in accordance with General Regulation Section 1.7.

## 1.4 Applicability to Campuses of the University

The Bachelor of Exercise and Sports Science (Honours) is available on the Fremantle Campus only.

## 1.5 The Australian Qualifications Framework (AQF)

The Bachelor of Exercise and Sports Science (Honours) is a Level 8 AQF qualification.

## **2 ENTRY CRITERIA**

### **2.1 General Criteria**

- (a) As per the General Regulations admission to an Honours program and conditions of enrolment shall be consistent with the University Policy: The Award of a Degree with Honours.
- (b) Students admitted from other recognised tertiary institutions will be required to undertake one Core Curriculum course in their honours year in addition to the required program work and research thesis.

### **2.2 Selection Criteria**

Students will be invited to enrol in the Bachelor of Exercise and Sports Science (Honours) Award based on the following:

- (a) A student must normally achieve an average of credit grade within a relevant Bachelor degree in a related Health Science discipline.
- (b) No student will be accepted into the Bachelor of Exercise and Sports Science (Honours) Award unless the Dean has determined that the School has the staff expertise and facilities capable of supporting the applicant.

### **2.3 Deferral of Participation in the Honours Program**

An option to defer a place in the Honours program is available.

### 3 AWARD REQUIREMENTS

#### 3.1 Structure

For the Bachelor of Exercise and Sports Science (Honours) Award structure, refer to Appendix A.

##### 3.1.1 Compulsory Honours coursework Courses

A student invited to enrol in the Bachelor of Exercise and Sports Science (Honours) Award must undertake coursework components HLTH4990 Advanced Research Methods, Statistics & Ethics in Health Science and a relevant postgraduate Exercise and Sports Science Course as part of this Award. The choice of the postgraduate Course needs to be approved by the Program coordinator of the Bachelor of Exercise Sports Science. (See Appendix A).

##### 3.1.2 Compulsory Research component

(a) A student must submit a research proposal and, if applicable, an ethics application to the School of Health Sciences within the first semester of enrolment in this Award.

(b) A student must also submit for examination an Honours-level thesis of between 15,000 and 18,000 words.

##### 3.1.3 Other Components of the Honours Program

Students are required to present at the School of Health Sciences Seminar series in each semester of their enrolment.

#### 3.2 Examination of a Research Component

(a) The Bachelor of Exercise Sports Science (Honours) research thesis will be examined by one internal and one external marker.

(b) The School of Health Sciences arranges the examination of the honours thesis using its own established guidelines and rubrics that are made available to students and examiners, and which are consistent with the Policy: *The Award of a Degree with Honours* and the *General Regulations* of the University of Notre Dame Australia.

#### 3.3 Progress within Honours

Students may be terminated from the Honours Award due to failing any component within the Award.

#### 3.4 Volume of Learning

##### 3.4.1 Standard Duration

(a) The standard duration for the Bachelor of Exercise Sports Science (Honours) Award is one (1) year of full-time study.

(b) A student is able to enrol in this Award on a part-time basis.

##### 3.4.2 Maximum Duration

The maximum period of time within which a student is permitted to complete this Award is two (2) years (including any periods of approved leave of absence) from the date on which they were first accepted into the Program by the University.

#### 3.5 Ranking of Honours Awards

The ranking on all Honours programs will be awarded in accordance with the General Regulations.

### **3.6 Awarding Honours**

Honours within the Bachelor of Exercise and Sports Science Award is awarded as graded Honours

**END OF REGULATIONS**



**APPENDIX A:**

YEAR ONE					
Semester One			Semester Two		
Course Number	Course Title	Units of Credits	Course Number	Course Title	Units of Credit
HLTH4990	Advanced Research Methods, Statistics & Ethics in Health Science	15			
HLTH6XXX	Cognate course from postgraduate Exercise Science offerings	25			
HLTH4010	Supervised Honours Human Movement	50	HLTH4012	Supervised Honours Human Movement	100
<b>Units of Credit Total for S1</b>		90	<b>Units of Credit Total for S2</b>		100
<b>Total Units of Credits Honours Year</b>					200
<b>TOTAL PROGRAM UNIT OF CREDIT:</b>					<b>190</b>

\*Students admitted to Honours from another recognised tertiary institutions will be required to undertake one Core Curriculum course as an overload course.