



THE UNIVERSITY OF
NOTRE DAME
A U S T R A L I A

COURSE REGULATIONS

SCHOOL OF HEALTH SCIENCES

**BACHELOR OF EXERCISE AND SPORT
SCIENCE/BACHELOR OF PREVENTIVE HEALTH**

BExSc/BPrevHlth

COURSE CODE: 3307

THESE COURSE REGULATIONS ARE EFFECTIVE FROM 1.1.2016

SCHOOL OF HEALTH SCIENCES

1. These Course Regulations apply to all students who are enrolled in the Bachelor of Exercise Sports Science/Bachelor of Preventive Health on the Fremantle Campus.
2. The Dean is the responsible Executive of these Course Regulations.
3. The contact officer for this document is the Senior Administration Officer, School of Health Sciences, Fremantle Campus.

MODIFICATION HISTORY

1. These Course Regulations are effective from 1 January 2016.

Version	Date Amended	Modification Details	Name
1	December 2008	Amendments to course regulations	Dean
2	March 2009	Amendments to course regulations	Dean
3	October 2009	Amendments to course regulations	Dean
4	June 2011	Amendments to course regulations	Dean
5	July 2012	Amendments to course regulations	Dean
6	December 2013	Regulations transferred to new template	Dean
7	October 2014	Amendments to course regulations (Removal of Honours, name change to unit titles)	Dean
8	May 2015	Request to archive the course	Dean

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1 INTRODUCTION AND INTERPRETATION

1.1 Introduction

These Course Regulations apply to all students enrolled in the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award at The University of Notre Dame Australia.

These Regulations should be read in conjunction with the University's General Regulations and the School of Health Sciences Regulations.

1.2 Interpretation

The terms included in these Regulations have the meanings as defined in the University's General Regulations and the School of Health Sciences Regulations.

1.3 Amendments made to Course Regulations

Unless otherwise specified, when amendments are made to the structure, content or academic requirements of the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award, the amendments will automatically apply in accordance with General Regulation Section 1.7.

1.4 Applicability to Campuses of the University

The Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award is available on the Fremantle Campus only.

1.5 The Australian Qualifications Framework (AQF)

The Bachelor of Exercise and Sport Science Award is a Level 7 AQF qualification.

The Bachelor of Preventive Health Award is a Level 7 AQF qualification.

2 ENTRY CRITERIA

2.1 General Criteria

The standard entry requirements for admission are detailed in the University's General Regulations and the School of Health Sciences Regulations.

2.2 Additional Entry Requirements / Pre-Requisites

There are no additional entry requirements or pre-requisites for this Award.

2.3 External Accreditation Requirements

The Bachelor of Exercise and Sport Science Award is accredited under National Universities Course Accreditation Program (NUCAP) in Exercise and Sport Science. External accreditation requirements are not applicable to the Bachelor of Preventive Health Award.

3 AWARD REQUIREMENTS

3.1 Structure

For the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award Structure, refer to Appendix A.

3.1.1 Compulsory Units

Refer to Award structure in Appendix A.

3.1.2 Elective Units

There are Elective Units available within the Bachelor of Exercise and Sports Science/Bachelor of Preventive Health Award (see course planner).

3.1.3 Majors and Double Majors

Majors and Double Majors are not available with this Award.

3.1.4 Minors

Minors are not available with this Award.

3.1.5 Specialisations

There is an option of a Specialisation in Marketing within the Bachelor of Preventive Health component of the Award.

3.1.6 Special Interest Units

There are no Special Interest Units available with this Award.

3.2 Special Award Requirements

There are no Special Award Requirements in this Award.

3.3 Practicum or Internship requirements

Students are to complete the following Practicum units:

HPE2500 Exercise and Sport Science Industry Practicum (full year unit - comprising 150 hours)	25CPS
HPE2501 Preventive Health Industry Practicum 2 (full year unit – comprising 150 hours)	25CPS
HPE3500 Exercise and Sport Science Industry Internship (full year unit – comprising 150 hours)	30 CPS

Placements are managed and authorised by the Practicum Coordinator and require students to formally register and seek approval for the placement with the coordinator prior to commencement.

3.4 Approved unit substitutions

Unit substitutions, where permitted, must be approved by the Dean.

3.5 Alternative Pathways

Alternative Pathways are not applicable for this Award.

3.6 Volume of Learning

3.6.1 Standard Duration

- The standard duration for the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award is 4.1 years of equivalent full-time study.
- A student is able to enrol in this Award on a part-time basis.

3.6.2 Accelerated Duration

- (a) An accelerated mode is available for the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award.

3.6.3 Maximum Duration

The maximum duration within which a student is permitted to complete the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award is detailed in the University's General Regulations.

3.7 Graduation

Where a student has satisfied all the requirements of the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award as detailed in these Course Regulations and the General Regulations, the University may grant the student graduation status.

3.8 Exit Awards

An Exit Award pathway is not available for this Award.

END OF REGULATIONS



APPENDIX A:

YEAR ONE						
Semester One			Semester Two			
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points	
CO115	Academic Research & Writing In Health Sciences	25	HB101	Applications of Functional Anatomy To Physical Education	25	
HPE100	Physical Activity & Health	25	HPE110	Exercise Physiology	25	
BMS100	Human Structure & Function	25	HPE162	Health Issues & Preventive Approaches	25	
PS103	Introduction to Behavioural Science	25	BMS103	Anatomy & Physiology of Body Systems	25	
			PS100	Developmental Psychology	25	
Credit Point Total for Y1 S1		100	Credit Point Total for Y1 S2		125	
					Total Credit Points Year One	225

YEAR TWO						
Semester One			Semester Two			
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points	
HPE142	Human Growth & Development	25	HPE200	Motor Control Development & Learning	25	
HPE241	Principles of Health & Conditioning	25	HPE210	Psychosocial Aspects of Sport & Physical Activity	25	
HPE251	Exercise, Health & Disease	25	HPE252	Health, Fitness and Performance Assessment	25	
HPE262	Population Approaches to Health Promotion	25	NS306	Aboriginal Health	20	
CN100	Theories & Approaches to Counselling	25				
HPE2501	Preventive Health Industry Practicum (full year unit)	25				
Credit Point Total for Y2 S1		150	Credit Point Total for Y2 S2		95	
					Total Credit Points Year Two	245

YEAR THREE					
Semester One			Semester Two		
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points
HPE220	Physiology of Training & Environmental Extremes	25	HPE340	Exercise Biomechanics	25
TH101	Introduction to Theology	25	HPE361	Community Approaches to Health Promotion	25
PH100	Introduction to Philosophy	25	CN101	Counselling Skills Training	25
BS122	Principles of Marketing	25	ET100	Ethics	25
Elective	Elective (Preventive Health)	25	Elective	Elective unit (Ex Sport Science)	25
HPE2500	Exercise & Sport Science Industry Practicum (full year unit)	25			

Credit Point Total for Y3 S1	150	Credit Point Total for Y3 S2	125
		Total Credit Points Year Three	275

YEAR FOUR					
Semester One			Semester Two		
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points
HPE321	Exercise Physiology for Special Populations	30	HP310	Nutrition for Health & Physical Activity	30
HPE341	Advanced Biomechanics	30	HPE362	Health Sciences Research	25
Elective	Elective (Preventive Health)	25	HPE370	The Australian Sports System	30
Elective	Elective (Preventive Health)	25	PS235	Health Psychology	25
			Elective	Elective (Exercise Science)	25
HPE3500	Exercise & Sport Science Industry Internship(full year unit)	30			
Credit Point Total for Y4 S1		140	Credit Point Total for Y4 S2		135
			Total Credit Points Year Four		
			275		
TOTAL COURSE CREDIT POINTS:					1020