



THE UNIVERSITY OF
NOTRE DAME
A U S T R A L I A

PROGRAM REGULATIONS SCHOOL OF HEALTH SCIENCES

**BACHELOR OF EXERCISE AND SPORT
SCIENCE/BACHELOR OF PREVENTIVE HEALTH**
BExSc/BPrevHlth

PROGRAM CODE: 3307

THESE PROGRAM REGULATIONS ARE EFFECTIVE FROM 1.1.2018

SCHOOL OF HEALTH SCIENCES

1. These Program Regulations apply to all students who are enrolled in the Bachelor of Exercise Sports Science/Bachelor of Preventive Health on the Fremantle Campus.
2. The Dean is the responsible Executive of these Program Regulations.
3. The contact officer for this document is the Senior Administration Officer, School of Health Sciences, Fremantle Campus.

MODIFICATION HISTORY

1. These Program Regulations are effective from 1 January 2018.

Version	Date Amended	Modification Details	Name
1	December 2008	Amendments to Program regulations	Dean
2	March 2009	Amendments to Program regulations	Dean
3	October 2009	Amendments to Program regulations	Dean
4	June 2011	Amendments to Program regulations	Dean
5	July 2012	Amendments to Program regulations	Dean
6	December 2013	Regulations transferred to new template	Dean
7	October 2014	Amendments to Program regulations (Removal of Honours, name change to Course titles)	Dean
8	May 2015	Request to archive the Program	Dean
9	January 2018	New Course codes assigned	PVCA
10	October 2017	New Units of Credit assigned	SAO

TABLE OF CONTENTS

1	INTRODUCTION AND INTERPRETATION	4
1.1	INTRODUCTION.....	4
1.2	INTERPRETATION	4
1.3	AMENDMENTS MADE TO PROGRAM REGULATIONS.....	4
1.4	APPLICABILITY TO CAMPUSES OF THE UNIVERSITY.....	4
1.5	THE AUSTRALIAN QUALIFICATIONS FRAMEWORK (AQF)	4
2	ENTRY CRITERIA	5
2.1	GENERAL CRITERIA.....	5
2.2	ADDITIONAL ENTRY REQUIREMENTS / PRE-REQUISITES.....	5
2.3	EXTERNAL ACCREDITATION REQUIREMENTS	5
3	AWARD REQUIREMENTS	6
3.1	STRUCTURE	6
3.2	SPECIAL AWARD REQUIREMENTS	6
3.3	PRACTICUM OR INTERNSHIP REQUIREMENTS	6
3.4	APPROVED COURSE SUBSTITUTIONS	6
3.5	ALTERNATIVE PATHWAYS	6
3.6	VOLUME OF LEARNING	6
3.7	GRADUATION.....	7
3.8	EXIT AWARDS	7
4	APPENDICES	8

1 INTRODUCTION AND INTERPRETATION

1.1 Introduction

These Program Regulations apply to all students enrolled in the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award at The University of Notre Dame Australia.

These Regulations should be read in conjunction with the University's General Regulations and the School of Health Sciences Regulations.

1.2 Interpretation

The terms included in these Regulations have the meanings as defined in the University's General Regulations and the School of Health Sciences Regulations.

1.3 Amendments made to Program Regulations

Unless otherwise specified, when amendments are made to the structure, content or academic requirements of the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award, the amendments will automatically apply in accordance with General Regulation Section 1.7.

1.4 Applicability to Campuses of the University

The Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award is available on the Fremantle Campus only.

1.5 The Australian Qualifications Framework (AQF)

The Bachelor of Exercise and Sport Science Award is a Level 7 AQF qualification.

The Bachelor of Preventive Health Award is a Level 7 AQF qualification.

2 ENTRY CRITERIA

2.1 General Criteria

The standard entry requirements for admission are detailed in the University's General Regulations and the School of Health Sciences Regulations.

2.2 Additional Entry Requirements / Pre-Requisites

There are no additional entry requirements or pre-requisites for this Award.

2.3 External Accreditation Requirements

The Bachelor of Exercise and Sport Science Award is accredited under National Universities Program Accreditation Program (NUCAP) in Exercise and Sport Science. External accreditation requirements are not applicable to the Bachelor of Preventive Health Award.

3 AWARD REQUIREMENTS

3.1 Structure

For the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award Structure, refer to Appendix A.

3.1.1 Compulsory Courses

Refer to Award structure in Appendix A.

3.1.2 Elective Courses

There are Elective Courses available within the Bachelor of Exercise and Sports Science/Bachelor of Preventive Health Award (see Program planner).

3.1.3 Majors and Double Majors

Majors and Double Majors are not available with this Award.

3.1.4 Minors

Minors are not available with this Award.

3.1.5 Specialisations

There is an option of a Specialisation in Marketing within the Bachelor of Preventive Health component of the Award.

3.1.6 Special Interest Courses

There are no Special Interest Courses available with this Award.

3.2 Special Award Requirements

There are no Special Award Requirements in this Award.

3.3 Practicum or Internship requirements

Students are to complete the following Practicum Courses:

HLTH2506 Exercise and Sport Science Industry Practicum A (comprising 150 hours)

HLTH2507 Exercise and Sport Science Industry Practicum B

HLTH2504 Preventive health Industry Practicum A

HLTH2505 Preventive Health Industry practicum B

HLTH3510 Exercise and Sport Science Industry Internship A

HLTH3511 Exercise and Sport Science Industry Internship B

Placements are managed and authorised by the Practicum Coordinator and require students to formally register and seek approval for the placement with the coordinator prior to commencement.

3.4 Approved Course substitutions

Course substitutions, where permitted, must be approved by the Dean.

3.5 Alternative Pathways

Alternative Pathways are not applicable for this Award.

3.6 Volume of Learning

3.6.1 Standard Duration

- (a) The standard duration for the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award is 4.1 years of equivalent full-time study.
- (b) A student is able to enrol in this Award on a part-time basis.

3.6.2 Accelerated Duration

- (a) An accelerated mode is available for the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award.

3.6.3 Maximum Duration

The maximum duration within which a student is permitted to complete the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award is detailed in the University's General Regulations.

3.7 Graduation

Where a student has satisfied all the requirements of the Bachelor of Exercise and Sport Science/Bachelor of Preventive Health Award as detailed in these Program Regulations and the General Regulations, the University may grant the student graduation status.

3.8 Exit Awards

An Exit Award pathway is not available for this Award.

END OF REGULATIONS



APPENDIX A:

YEAR ONE						
Semester One			Semester Two			
Course Number	Course Title	Units of Credit	Course Number	Course Title	Units of Credit	
HLTH1150	Academic Research & Writing In Health Sciences	25	HLTH1010	Applications of Functional Anatomy To Physical Education	25	
HLTH1001	Physical Activity & Health	25	HLTH1100	Exercise Physiology	25	
HLTH1000	Human Structure & Function	25	HLTH1620	Health Issues & Preventive Approaches	15	
BESC1020	Foundations of Human Behaviour	25	HLTH1030	Anatomy & Physiology of Body Systems	25	
			BESC1000	Developmental Psychology	25	
Units of Credit Total for Y1 S1		100	Units of Credit Total for Y1 S2		115	
					Total Units of Credit Year One	215

YEAR TWO						
Semester One			Semester Two			
Course Number	Course Title	Units of Credit	Course Number	Course Title	Units of Credit	
HLTH1420	Human Growth & Development	35	HLTH2000	Motor Control Development & Learning	25	
HLTH2410	Principles of Health & Conditioning	15	HLTH2100	Psychosocial Aspects of Sport & Physical Activity	25	
HLTH2510	Exercise, Health & Disease	15	HLTH2520	Health, Fitness and Performance Assessment	25	
HLTH2620	Population Approaches to Health Promotion	20				
COUN1003	Theories & Approaches to Counselling	25	ABOR1000	Aboriginal People	25	
HLTH2504	Preventive Health Industry Practicum A	5	HLTH2505	Preventive Health Industry Practicum B	10	
Units of Credit Total for Y2 S1		115	Units of Credit Total for Y2 S2		110	
					Total Units of Credit Year Two	225

YEAR THREE					
Semester One			Semester Two		
Course Number	Course Title	Units of Credit	Course Number	Course Title	Units of Credit
HLTH2200	Physiology of Training & Environmental Extremes	15	HLTH3401	Exercise Biomechanics	15
CORE1030	Introduction to Theology	25	HLTH3610	Community Approaches to Health Promotion	25
CORE1010	Introduction to Philosophy	25	COUN1004	Counselling Skills Training	25
BUSN1220	Principles of Marketing	25	CORE1020	Ethics	25

Elective	Elective (Preventive Health)	25	Elective	Elective Course (Ex Sport Science)	25	
HLTH2506	Exercise & Sport Science Industry Practicum A	5	HLTH2507	Exercise & Sport Science Industry Practicum B	10	
Units of Credit Total for Y3 S1		120	Units of Credit Total for Y3 S2		125	
					Total Units of Credit Year Three	245

YEAR FOUR						
Semester One			Semester Two			
Course Number	Course Title	Units of Credit	Course Number	Course Title	Units of Credit	
HLTH3210	Exercise Physiology for Special Populations	15	HLTH3101	Nutrition for Health & Physical Activity	15	
HLTH3410	Advanced Biomechanics	20	HLTH3620	Health Sciences Research	25	
Elective	Elective (Preventive Health)	25	HLTH3700	The Australian Sports System	15	
Elective	Elective (Preventive Health)	25	PSYC2350	Health Psychology	25	
			Elective	Elective (Exercise Science)	25	
HLTH3510	Exercise & Sport Science Industry Internship A	10	HLTH3511	Exercise & Sport Science Industry Internship B	10	
Units of Credit Total for Y4 S1		95	Units of Credit Total for Y4 S2		115	
					Total Units of Credit Year Four	210
					TOTAL PROGRAM UNITS OF CREDIT:	900