



THE UNIVERSITY OF  
**NOTRE DAME**  
A U S T R A L I A

# **PROGRAM REGULATIONS SCHOOL OF HEALTH SCIENCES**

## **BACHELOR OF HEALTH AND PHYSICAL EDUCATION (SECONDARY) BHPE (Sec)**

**PROGRAM CODE: 3288**

## **BACHELOR OF HEALTH AND PHYSICAL EDUCATION (SECONDARY) (Honours) BHPE(Sec)(Hons)**

**PROGRAM CODE: 3344**

THESE PROGRAM REGULATIONS ARE EFFECTIVE FROM 1.1. 2018

## SCHOOL OF HEALTH SCIENCES

1. These Program Regulations apply to all students who are enrolled in the Bachelor of Health and Physical Education (Secondary) and the Bachelor of Health and Physical Education (Secondary) (Honours) Awards on the Fremantle Campus.
2. The Dean is the responsible Executive of these Program Regulations.
3. The contact officer for this document is the Senior Administration Officer, School of Health Sciences, Fremantle Campus.

## MODIFICATION HISTORY

1. These Program Regulations are effective from 1 January 2018

Version	Date Amended	Modification Details	Name
1	January 2007	Amendments to Program regulations	Dean
2	January 2008	Amendments to Program regulations	Dean
3	December 2008	Amendments to Program regulations	Dean
4	June 2010	Amendments to Program regulations	Dean
5	June 2011	Amendments to Program regulations	Dean
6	December 2013	Regulations transferred to new template	Dean
7	August 2014	Amendments to Program regulations (Minor)	Dean
8	August 2015	Amendments to Program regulations	Associate Dean
9	September 2017	New Course codes assigned	PVCA
10	October 2017	New Units of Credit assigned	SAO

# TABLE OF CONTENTS

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<b>1</b>	<b>INTRODUCTION AND INTERPRETATION .....</b>	<b>4</b>
1.1	INTRODUCTION.....	4
1.2	INTERPRETATION .....	4
1.3	AMENDMENTS MADE TO PROGRAM REGULATIONS.....	4
1.4	APPLICABILITY TO CAMPUSES OF THE UNIVERSITY.....	4
1.5	THE AUSTRALIAN QUALIFICATIONS FRAMEWORK (AQF) .....	4
<b>2</b>	<b>ENTRY CRITERIA.....</b>	<b>5</b>
2.1	GENERAL CRITERIA.....	5
2.2	ADDITIONAL ENTRY REQUIREMENTS / PRE-REQUISITES.....	5
2.3	EXTERNAL ACCREDITATION REQUIREMENTS .....	5
<b>3</b>	<b>AWARD REQUIREMENTS.....</b>	<b>6</b>
3.1	STRUCTURE .....	6
3.2	SPECIAL AWARD REQUIREMENTS .....	7
3.3	PRACTICUM OR INTERNSHIP REQUIREMENTS .....	7
3.4	APPROVED COURSE SUBSTITUTIONS .....	7
3.5	ALTERNATIVE PATHWAYS .....	7
3.6	VOLUME OF LEARNING .....	7
3.7	GRADUATION.....	7
3.8	EXIT AWARDS .....	8
3.9	HONOURS .....	8
<b>4</b>	<b>APPENDICES.....</b>	<b>9</b>

# 1 INTRODUCTION AND INTERPRETATION

## 1.1 Introduction

These Program Regulations apply to all students enrolled in the Bachelor of Health and Physical Education (Secondary) and the Bachelor of Health and Physical Education (Secondary) (Honours) Awards at The University of Notre Dame Australia.

These Regulations should be read in conjunction with the University's General Regulations and the School of Health Sciences Regulations.

## 1.2 Interpretation

The terms included in these Regulations have the meanings as defined in the University's General Regulations and the School of Health Sciences Regulations.

## 1.3 Amendments made to Program Regulations

Unless otherwise specified, when amendments are made to the structure, content or academic requirements of these Awards, the amendments will automatically apply in accordance with General Regulation Section 1.7.

## 1.4 Applicability to Campuses of the University

These Awards are available on the Fremantle Campus only.

## 1.5 The Australian Qualifications Framework (AQF)

The Bachelor of Health and Physical Education (Secondary) Award is a Level 7 AQF qualification.

The Bachelor of Health and Physical Education (Secondary) (Honours) Award is a Level 8 AQF qualification.

## 2 ENTRY CRITERIA

### 2.1 General Criteria

The standard entry requirements for admission are detailed in the University's General Regulations and the School of Health Sciences Regulations.

### 2.2 Additional Entry Requirements / Pre-Requisites

There are no additional entry requirements or pre-requisites for these Awards.

### 2.3 External Accreditation Requirements

External accreditation requirements are applicable to these Awards.

This award is accredited under the national body the Australian Institute for Teaching and School Leadership (AITSL) via the agency of the Teachers Registration Board of Western Australia (TRBWA).

## 3 AWARD REQUIREMENTS

### 3.1 Structure

For the Bachelor of Health and Physical Education (Secondary) Award Structure, refer to Appendix A.

For the Bachelor of Health and Physical Education (Secondary) (Honours) Award Structure, refer to Appendix B.

#### 3.1.1 Compulsory Courses

Refer to Award structure in Appendix A and Appendix B.

#### 3.1.2 Elective Courses

There are Elective Course(s) within these Awards. Students must complete four approved elective Courses as part of a Teaching Specialisation

#### 3.1.3 Majors and Double Majors

The following Majors are available in the Bachelor of Health and Physical Education (Secondary) Award.

- Preventive Health
- Religious Education
- Outdoor Education
- Italian Studies

More information about the Majors can be obtained from the School of Health Sciences. To complete a Major within the Award, additional Courses of study will be required and the Program duration may need to be extended by a minimum of one semester, note this will incur an additional cost.

#### 3.1.4 Minors

The following Minors are available in the Bachelor of Health and Physical Education (Secondary) Award.

- Preventive Health
- Outdoor Education

More information about the Minors can be obtained from the School of Health Sciences. To complete a Minor within the Award, additional Courses of study may be required and the Program duration may need to be extended by a minimum of one semester, note, this will incur an additional cost.

#### 3.1.5 Specialisations

Students in the Bachelor of Health and Physical Education (Secondary) Award must complete a Teaching Specialisation. The following Teaching Specialisations are approved within the Award:

- Religious Education
- English
- Mathematics
- Science
- Science: Outdoor Education
- Science: Health Studies
- Society and Environment
- Italian Studies
- Theatre Studies

More information about the Specialisations can be obtained from the School of Health Sciences.

#### 3.1.6 Special Interest Courses

There are no Special Interest Courses available in these Awards

### 3.2 Special Award Requirements

Students enrolled in these Awards are required to:

- (a) Complete a Working with Children Check and a National Police History Check (criminal history screening) prior to the commencement of EDUC1894 as specified by the Working with Children (Criminal Record Checking) Act 2004. Failure to provide the required documentation by the time prescribed by the School of Health Sciences may result in cancellation of enrolment in accordance with the General Regulations.
- (b) Have a current Royal Life Saving Bronze Medallion and completed an approved Outdoor Education placement on application to graduate.
- (c) Meet any inherent requirements for the study of the Award with or without adjustments that may be in place or are developed by the University.
- (d) All students will be required to sit and pass the National Literacy and Numeracy Test for Initial Teacher Education Students before graduation

### 3.3 Practicum or Internship requirements

Students are to complete four Practicum Courses as detailed below:

EDUC1894 Classroom Immersion: Health and Physical Education	(comprising 2 weeks)
EDUC2894 School Experience I: Health and Physical Education	(comprising 5 weeks)
EDUC3894 School Experience II: Health and Physical Education	(comprising 10 weeks)
EDUC4891 Teaching Internship: Secondary (BHPE)	(comprising 10 weeks)

Further information relating to School Placements please refer to Professional Practice Guidelines produced by the School of Education, Fremantle Campus.

### 3.4 Approved Course substitutions

Course substitutions, where permitted, must be approved by the Dean.

### 3.5 Alternative Pathways

Alternative Pathways are not applicable to these Awards.

### 3.6 Volume of Learning

#### 3.6.1 Standard Duration

- (a) The standard duration of the Bachelor of Health and Physical Education (Secondary) is 4 years of equivalent full-time study. The standard duration of the Bachelor of Health and Physical Education (Secondary) (Honours) is 4.4 years of equivalent full-time study.
- (b) A student is able to enrol in this Award on a part-time basis.

#### 3.6.2 Accelerated Duration

An accelerated mode is not available for these Awards.

#### 3.6.3 Maximum Duration

The maximum period of time within which a student is permitted to complete these Awards is detailed in the University's General Regulations.

### 3.7 Graduation

Where a student has satisfied all the requirements of these Awards as detailed in these Program Regulations and the General Regulations, the University may grant the student graduation status.

### 3.8 Exit Awards

An Exit Award pathway is not available for these Awards.

### 3.9 Honours

The Bachelor of Health and Physical Education (Secondary) Award is offered with Honours. Specific admission requirements are detailed below and should be read in conjunction with the *Policy: The Award of a degree with Honours*, note this will incur an additional cost.

#### 3.9.1 Admission to Honours

The following selection criteria will be used for a student being invited to enrol in the Honours program:

- (a) Admission to the Bachelor of Health and Physical Education (Secondary) (Honours) Award is by invitation by the Dean.
- (b) A student who demonstrates an excellent level of performance during the first five semesters of the Program may be considered for a place in the Honours program.
- (c) Students are admitted in accordance with the General Regulations.
- (d) The Dean (or Delegate) may admit to an Honours Program a candidate who does not meet the strict criteria but nevertheless has outstanding credentials in an academic domain and has demonstrated his or her research potential in project work.

#### 3.9.2 Structure of Honours

The Honours program is embedded into the 3<sup>rd</sup> and 4<sup>th</sup> year Program structure of the Award. The Honours program requires an additional 100 Units of Credits and the Teaching Internship: ED4891 is reduced by one week.

Honours students are not required to enrol into HPE4206 and complete four additional Courses:

HLTH4900	Reading and Conference
HLTH4990	Advanced Research Methods, Statistics and Ethics in Health Sciences
HLTH4009	Supervised Honours – Human Movement
HLTH4010	Supervised Honours – Human Movement

#### 3.9.3 Examination of a Research Component

- (a) The Bachelor of Health and Physical Education (Secondary) (Honours) research thesis will be examined by one internal and one external marker.
- (b) The School of Health Sciences arranges the examination of the Honours thesis using its own established guidelines and rubrics that are made available to students and examiners, and which are consistent with the *Policy: The Award of a Degree with Honours* and the *General Regulations* of the University of Notre Dame Australia.

#### 3.9.4 Ranking of Honours Awards

The ranking on all Honours programs will be awarded in accordance with General Regulation 3.9.1.

#### 3.9.5 Awarding Honours

Honours within the Bachelor of Health and Physical Education (Secondary) Award is awarded as graded Honours.

## END OF REGULATIONS





**APPENDIX A:**

YEAR ONE						
Semester One			Semester Two			
Course Number	Course Title	Units of Credit	Course Number	Course Title	Units of Credit	
HLTH1000	Human Structure and Function	25	HLTH1010	Applications of Functional Anatomy to Physical Education	25	
HLTH1150	Academic Research & Writing in Health Sciences	25	HLTH1100	Exercise Physiology	25	
HLTH1001	Physical Activity and Health	25	HLTH1202	Physical Performance Lab 2	15	
HLTH1201	Physical Performance Lab 1	15	EDUC1120	Introduction to Teaching & the Curriculum Framework	10	
			EDUC2425	Psychological Principles of Classroom Management	10	
			EDUC1894	Classroom Immersion: Health & Physical Education (2 weeks)	25	
<b>Units of Credit Total for Y1 S1</b>		90	<b>Units of Credit Total for Y1 S2</b>		110	
					<b>Total Units of Credit Year One</b>	200

YEAR TWO						
Semester One			Semester Two			
Course Number	Course Title	Units of Credit	Course Number	Course Title	Units of Credit	
HLTH1620	Health Issues & Preventive Approaches	15	HLTH2100	Psychosocial Aspects of Sport & Physical Activity	15	
HLTH2203	Physical Performance Lab 3	15	HLTH3205	Outdoor Education Teaching Methods	20	
EDUC2632	Transforming Learning Through ICT	20	HLTH2204	Physical Performance Lab 4	15	
EDUC2111	Foundational Teaching Skills	15	CORE1010	Introduction to Philosophy	25	
EDUC2894	School Experience I: Health & Physical Education	15	Elective	Specialisation Content Course	25	
BESC1110	Developmental Psychology	20				
<b>Units of Credit Total for Y2 S1</b>		100	<b>Units of Credit Total for Y2 S2</b>		100	
					<b>Total Units of Credit Year Two</b>	200

YEAR THREE						
Semester One			Semester Two			
Course Number	Course Title	Units of Credit	Course Number	Course Title	Units of Credit	
EDUC01XX	Specialisation Teaching Method	15	CORE1020	Ethics	25	
HLTH3800	Physical Education Teaching Method	20	HLTH3300	Adapted & Inclusive Practice For Physical Education	15	
EDUC4130	Advanced Teaching Skills	15	HLTH3401	Exercise Biomechanics	15	
EDUC3894	School Experience II: Health & Physical Education	25	HLTH2000	Motor Control Development & Learning	15	
HLTH3000	Health Education Method 1	15	Elective	Specialisation Content Course	25	
HLTH3600	Sport Event Management for Teachers	15				
<b>Units of Credit Total for Y3 S1</b>		105	<b>Units of Credit Total for Y3 S2</b>		95	
					<b>Total Units of Credit Year Three</b>	200

YEAR FOUR					
Semester One			Semester Two		
Course Number	Course Title	Units of Credit	Course Number	Course Title	Units of Credit
CORE1030	Introduction to Theology	25	EDUC4132	Working with Indigenous Students	15
HLTH4206	Outdoor Education 2	25	EDUC4133	Professional Responsibilities of the Teacher	15
EDUC4146	Preparing for Internship & Transition	20	EDUC4891	Teaching Internship: Secondary (HPE)	30
HLTH4000	Health Education 2	20			
Elective	Specialisation Content Course	25			
Elective	Specialisation Content Course	25			
<b>Units of Credit Total for Y4 S1</b>		140	<b>Units of Credit Total for Y4 S2</b>		60
<b>Total Units of Credits Year Four</b>					200
<b>TOTAL PROGRAM UNITS OF CREDIT:</b>					<b>800</b>



**APPENDIX B:**

YEAR ONE					
Semester One			Semester Two		
Course Number	Course Title	Units of Credit	Course Number	Course Title	Units of Credit
HLTH1000	Human Structure and Function	25	EDUC1120	Introduction to Teaching & the Curriculum Framework	10
HLTH1150	Academic Research & Writing in Health Sciences	25	EDUC1894	Classroom Immersion: Health & Physical Education	25
HLTH1001	Physical Activity and Health	25	EDUC2425	Psychological Principles of Classroom Management	10
HLTH1201	Physical Performance Lab 1	15	HLTH1010	Applications of Functional Anatomy to Physical Education	25
			HLTH1100	Exercise Physiology	25
			HLTH1202	Physical Performance Lab 2	15
<b>Units of Credit Total for Y1 S1</b>		90	<b>Units of Credit Total for Y1 S2</b>		110
			<b>Total Units of Credits Year One</b>		
			200		

YEAR TWO					
Semester One			Semester Two		
Course Number	Course Title	Units of Credit	Course Number	Course Title	Units of Credit
EDUC2632	Transforming Learning Through ICT	20	HLTH2100	Psychosocial Aspects of Sport & Physical Activity	15
EDUC2111	Foundational Teaching Skills	15	HLTH2204	Physical Performance Lab 4	15
EDUC2894	School Experience I: Health & Physical Education	15	HLTH3205	Outdoor Education Teaching Methods	20
HLTH1620	Health Issues & Preventive Approaches	15	CORE1010	Introduction to Philosophy	25
HLTH2203	Physical Performance Lab 3	15	Elective	Specialisation Content Course	25
BESC1110	Developmental Psychology	20			
<b>Units of Credit Total for Y2 S1</b>		100	<b>Units of Credit Total for Y2 S2</b>		100
			<b>Total Units of Credit Year Two</b>		
			200		

YEAR THREE					
Semester One			Semester Two		
Course Number	Course Title	Units of Credits	Course Number	Course Title	Units of Credits
EDUC01XX	Specialisation Teaching Method	15	CORE1020	Ethics	25
EDUC3894	School Experience II: Health & Physical Education	25	HLTH2000	Motor Control Development & Learning	15
EDUC4130	Advanced Teaching Skills	15	HLTH3300	Adapted & Inclusive Practice For Physical Education	15
HLTH3000	Health Education Method 1	15	HLTH3401	Exercise Biomechanics	15
HLTH3600	Sport Event Management for Teachers	15	Elective	Specialisation Content Course	25
HLTH3800	Physical Education Teaching Method	20	HLTH4900	Reading & Conference	25
<b>Units of Credit Total for Y3 S1</b>		105	<b>Units of Credit Total for Y3 S2</b>		120
			<b>Total Units of Credits Year Three</b>		
			225		

YEAR FOUR					
Semester One			Semester Two		
Course Number	Course Title	Units of Credit	Course Number	Course Title	Units of Credit
EDUC4146	Preparing for Internship & Transition	20	EDUC4132	Working with Indigenous Students	15
HLTH4000	Health Education 2	20	EDUC4133	Professional Responsibilities of the Teacher	15
HLTH4009	Supervised Honours – Human Movement	25	EDUC4891	Teaching Internship: Secondary (HPE)	30
HLTH4990	Advanced Research Methods, Statistics & Ethics in Health Science	15	HLTH4009	Supervised Honours – Human Movement	25
CORE1030	Introduction to Theology	25			
Elective	Specialisation Content Course	25			
Elective	Specialisation Content Course	25			
<b>Units of Credit Total for Y4 S1</b>		155	<b>Units of Credit Total for Y4 S2</b>		85
<b>Total Units of Credit Year Four</b>					240
<b>TOTAL PROGRAM UNITS OF CREDIT:</b>					<b>865</b>