



THE UNIVERSITY OF
NOTRE DAME
A U S T R A L I A

COURSE REGULATIONS

SCHOOL OF HEALTH SCIENCES

MASTER OF EXERCISE SCIENCE
MExSc

COURSE CODE: 5081

THESE COURSE REGULATIONS ARE EFFECTIVE FROM 1.1.2016

SCHOOL OF HEALTH SCIENCES

1. These Course Regulations apply to all students who are enrolled in the Master of Exercise Science on the Fremantle Campus.
2. The Dean is the responsible Executive of these Course Regulations.
3. The contact officer for this document is the Senior Administration Officer, School of Health Sciences, Fremantle Campus.

MODIFICATION HISTORY

1. These Course Regulations are effective from 1 January 2016.

Version	Date Amended	Modification Details	Name
1	January 2007	Amendments to course regulations	Dean
2	December 2008	Amendments to course regulations	Dean
3	March 2009	Amendments to course regulations	Dean
4	October 2009	Amendments to course regulations	Dean
5	June 2010	Amendments to course regulations	Dean
6	July 2012	Amendments to course regulations	Dean
7	December 2013	Regulations transferred to new template	Dean
8	August 2014	Amendments to course regulations	Dean

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1 INTRODUCTION AND INTERPRETATION

1.1 Introduction

These Course Regulations apply to all students enrolled in the Master of Exercise Science Award at The University of Notre Dame Australia.

These Regulations should be read in conjunction with the University's General Regulations and the School of Health Sciences Regulations.

1.2 Interpretation

The terms included in these Regulations have the meanings as defined in the University's General Regulations and the School of Health Sciences Regulations.

1.3 Amendments made to Course Regulations

Unless otherwise specified, when amendments are made to the structure, content or academic requirements of the Master of Exercise Science Award, the amendments will automatically apply in accordance with General Regulation Section 1.7.

1.4 Applicability to Campuses of the University

The Master of Exercise Science Award is available on the Fremantle Campus only.

1.5 The Australian Qualifications Framework (AQF)

The Master of Exercise Science Award is a Level 9 AQF qualification.

2 ENTRY CRITERIA

2.1 General Criteria

The standard entry requirements for admission are detailed in the University's General Regulations and the School of Health Sciences Regulations.

2.2 Additional Entry Requirements / Pre-Requisites

Additional requirements for entry into this Award include:

Applicants who do not hold an Exercise and Sport Science Australia (ESSA) accredited undergraduate qualification may be required to undertake additional prerequisite units and attain Graduate Entry membership with ESSA for proof of required undergraduate knowledge and entry into the course. For more information about entry requirements please contact the Course Coordinator in the School of Health Sciences.

2.3 External Accreditation Requirements

This award is accredited under National Universities Course Accreditation Program (NUCAP) in Exercise and Sport Science.

3 AWARD REQUIREMENTS

3.1 Structure

For the Master of Exercise Science Award Structure, refer to Appendix A.

3.1.1 Compulsory Units

Refer to Award structure in Appendix A.

3.1.2 Elective Units

There are no Electives within this Award.

3.1.3 Majors and Double Majors

There are no Majors or Double Majors available in this Award.

3.1.4 Minors

There are no Minors available in this Award.

3.1.5 Specialisations

There are no Specialisations permitted in this Award.

3.1.6 Special Interest Units

There are no Special Interest Units in this Award.

3.2 Special Award Requirements

There are no special award requirements in the Master of Exercise Science

3.3 Practicum or Internship requirements

- I. Students are to complete one Practicum unit in HPE651 Clinical Exercise Physiology Industry Practicum.
- II. The total number of Clinical Practicum hours in HPE651 is 360 clinical hours.

3.4 Approved unit substitutions

Unit substitutions, where permitted, must be approved by the Dean.

3.5 Alternative Pathways

Alternative Pathways are not applicable for this Award.

3.6 Volume of Learning

3.6.1 Standard Duration

- (a) The standard duration for the Master of Exercise Science Award is two (2.0) years of equivalent full-time study.
- (b) A student is able to enrol in this Award on a part-time basis.

3.6.2 Accelerated Duration

An accelerated mode is not available for the Master of Exercise Science Award.

3.6.3 Maximum Duration

The maximum period of time within which a student is permitted to complete the Master of Exercise Science Award is 5 years (including any periods of approved leave of absence) from the date on which they were first enrolled into the course by the University.

3.7 Graduation

Where a student has satisfied all the requirements of the Master of Exercise Science Award as detailed in these Course Regulations and the General Regulations, the University may grant the student graduation status.

3.8 Exit Awards

An Exit Award pathway is available for this Award. Upon completion of the first year, a student can graduate with the Graduate Diploma of Clinical Exercise Physiology

END OF REGULATIONS



APPENDIX A:

YEAR ONE						
Semester One			Semester Two			
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points	
COH699	Advanced Research Methods, Statistics and Ethics in Health Science	25	HPE630	Advanced Motor Control & Learning	25	
HPE610	Cardio Respiratory Exercise Rehabilitation & Training	25	HPE660	Advanced Exercise Biomechanics, Gait Analysis & Ergonomics	25	
HPE640	Musculoskeletal Exercise Rehabilitation & Training	25	CN550	Exercise & Lifestyle Counselling	25	
			ET502	Ethical Issues in Professional Life (or Winter Term Intensive)	25	
HPE 651	Clinical Exercise Physiology Industry Practicum (full year Unit)	50				
Credit Point Total for Y1 S1		125	Credit Point Total for Y1 S2		100	
					Total Credit Points Year One	225

YEAR TWO						
Semester One			Semester Two			
Unit Number	Unit Title	Credit Points	Unit Number	Unit Title	Credit Points	
SD6906	Supervised Dissertation Human Movement	50				
SD6909	Supervised Dissertation Human Movement	75	SD6912	Supervised Dissertation Human Movement	100	
Credit Point Total for Y2 S1		125	Credit Point Total for Y2 S2		100	
					Total Credit Points Year Two	225
					TOTAL COURSE CREDIT POINTS:	450