



THE UNIVERSITY OF
NOTRE DAME
A U S T R A L I A

PROGRAM REGULATIONS SCHOOL OF HEALTH SCIENCES

MASTER OF EXERCISE SCIENCE
MExSc

PROGRAM CODE: 5081

THESE PROGRAM REGULATIONS ARE EFFECTIVE FROM 1.1.2018

SCHOOL OF HEALTH SCIENCES

1. These Program Regulations apply to all students who are enrolled in the Master of Exercise Science on the Fremantle Campus.
2. The Dean is the responsible Executive of these Program Regulations.
3. The contact officer for this document is the Senior Administration Officer, School of Health Sciences, Fremantle Campus.

MODIFICATION HISTORY

1. These Program Regulations are effective from 1 January 2018.

Version	Date Amended	Modification Details	Name
1	January 2007	Amendments to Program regulations	Dean
2	December 2008	Amendments to Program regulations	Dean
3	March 2009	Amendments to Program regulations	Dean
4	October 2009	Amendments to Program regulations	Dean
5	June 2010	Amendments to Program regulations	Dean
6	July 2012	Amendments to Program regulations	Dean
7	December 2013	Regulations transferred to new template	Dean
8	August 2014	Amendments to Program regulations	Dean
9	September 2017	New Course codes assigned	PVCA

TABLE OF CONTENTS

- 1 INTRODUCTION AND INTERPRETATION 4**
 - 1.1 INTRODUCTION.....4
 - 1.2 INTERPRETATION4
 - 1.3 AMENDMENTS MADE TO PROGRAM REGULATIONS.....4
 - 1.4 APPLICABILITY TO CAMPUSES OF THE UNIVERSITY.....4
 - 1.5 THE AUSTRALIAN QUALIFICATIONS FRAMEWORK (AQF)4

- 2 ENTRY CRITERIA 5**
 - 2.1 GENERAL CRITERIA.....5
 - 2.2 ADDITIONAL ENTRY REQUIREMENTS / PRE-REQUISITES5
 - 2.3 EXTERNAL ACCREDITATION REQUIREMENTS5

- 3 AWARD REQUIREMENTS..... 6**
 - 3.1 STRUCTURE6
 - 3.2 SPECIAL AWARD REQUIREMENTS6
 - 3.3 PRACTICUM OR INTERNSHIP REQUIREMENTS6
 - 3.4 APPROVED COURSE SUBSTITUTIONS6
 - 3.5 ALTERNATIVE PATHWAYS6
 - 3.6 VOLUME OF LEARNING6
 - 3.7 GRADUATION.....7
 - 3.8 EXIT AWARDS7

- 4 APPENDICES..... 8**

1 INTRODUCTION AND INTERPRETATION

1.1 Introduction

These Program Regulations apply to all students enrolled in the Master of Exercise Science Award at The University of Notre Dame Australia.

These Regulations should be read in conjunction with the University's General Regulations and the School of Health Sciences Regulations.

1.2 Interpretation

The terms included in these Regulations have the meanings as defined in the University's General Regulations and the School of Health Sciences Regulations.

1.3 Amendments made to Program Regulations

Unless otherwise specified, when amendments are made to the structure, content or academic requirements of the Master of Exercise Science Award, the amendments will automatically apply in accordance with General Regulation Section 1.7.

1.4 Applicability to Campuses of the University

The Master of Exercise Science Award is available on the Fremantle Campus only.

1.5 The Australian Qualifications Framework (AQF)

The Master of Exercise Science Award is a Level 9 AQF qualification.

2 ENTRY CRITERIA

2.1 General Criteria

The standard entry requirements for admission are detailed in the University's General Regulations and the School of Health Sciences Regulations.

2.2 Additional Entry Requirements / Pre-Requisites

Additional requirements for entry into this Award include:

Applicants who do not hold an Exercise and Sport Science Australia (ESSA) accredited undergraduate qualification may be required to undertake additional prerequisite courses and attain Graduate Entry membership with ESSA for proof of required undergraduate knowledge and entry into the program. For more information about entry requirements please contact the Program Coordinator in the School of Health Sciences.

2.3 External Accreditation Requirements

This award is accredited under National Universities Program Accreditation Program (NUCAP) in Exercise and Sport Science.

3 AWARD REQUIREMENTS

3.1 Structure

For the Master of Exercise Science Award Structure, refer to Appendix A.

3.1.1 Compulsory Courses

Refer to Award structure in Appendix A.

3.1.2 Elective Courses

There are no Electives within this Award.

3.1.3 Majors and Double Majors

There are no Majors or Double Majors available in this Award.

3.1.4 Minors

There are no Minors available in this Award.

3.1.5 Specialisations

There are no Specialisations permitted in this Award.

3.1.6 Special Interest Courses

There are no Special Interest Courses in this Award.

3.2 Special Award Requirements

There are no special award requirements in the Master of Exercise Science

3.3 Practicum or Internship requirements

- I. Students are to complete one Practicum course in HLTH6510 Clinical Exercise Physiology Industry Practicum A and HLTH6511 Clinical Exercise Physiology Industry Practicum B.
- II. The total number of Clinical Practicum hours in HPE651 is 360 clinical hours.

3.4 Approved course substitutions

Course substitutions, where permitted, must be approved by the Dean.

3.5 Alternative Pathways

Alternative Pathways are not applicable for this Award.

3.6 Volume of Learning

3.6.1 Standard Duration

- (a) The standard duration for the Master of Exercise Science Award is two (2.0) years of equivalent full-time study.
- (b) A student is able to enrol in this Award on a part-time basis.

3.6.2 Accelerated Duration

An accelerated mode is not available for the Master of Exercise Science Award.

3.6.3 Maximum Duration

The maximum period of time within which a student is permitted to complete the Master of Exercise Science Award is 5 years (including any periods of approved leave of absence) from the date on which they were first enrolled into the program by the University.

3.7 Graduation

Where a student has satisfied all the requirements of the Master of Exercise Science Award as detailed in these Program Regulations and the General Regulations, the University may grant the student graduation status.

3.8 Exit Awards

An Exit Award pathway is available for this Award. Upon completion of the first year, a student can graduate with the Graduate Diploma of Clinical Exercise Physiology

END OF REGULATIONS



APPENDIX A:

YEAR ONE						
Semester One			Semester Two			
Course Number	Course Title	Units of Credit	Course Number	Course Title	Units of Credit	
HLTH6990	Advanced Research Methods, Statistics and Ethics in Health Science	25	HLTH6300	Advanced Motor Control & Learning	25	
HLTH6100	Cardio Respiratory Exercise Rehabilitation & Training	25	HLTH6600	Advanced Exercise Biomechanics, Gait Analysis & Ergonomics	25	
HLTH6400	Musculoskeletal Exercise Rehabilitation & Training	25	COUN5500	Exercise & Lifestyle Counselling	25	
			PHIL6020	Ethical Issues in Professional Life (or Winter Term Intensive)	25	
HLTH6510	Clinical Exercise Physiology Industry Practicum A	25	HLTH6511	Clinical Exercise Physiology Industry Practicum B	25	
Units of Credit Total for Y1 S1		100	Units of Credit Total for Y1 S2		125	
					Total Units of Credit Year One	225

YEAR TWO						
Semester One			Semester Two			
Course Number	Course Title	Units of Credit	Course Number	Course Title	Units of Credit	
HLTH6005	Supervised Dissertation Human Movement	50				
HLTH6006	Supervised Dissertation Human Movement	75	HLTH6007	Supervised Dissertation Human Movement	100	
Units of Credit Total for Y2 S1		125	Units of Credit Total for Y2 S2		100	
					Total Units of Credit Year Two	225
					TOTAL PROGRAM UNITS OF CREDIT:	450